



You & Your Supervisor:

A team approach for better client outcomes

“Supervision can be a separate reflective space, offering a sense of being contained, holding what might otherwise spill over the edge”

Teaming up with your Supervisor invites wellbeing, helps prevent burnout, stimulates growth in your professional capabilities and increases your efficacy. Learn how to team up and get more out of your supervisory experience...

- Ever laid awake in the middle of the night thinking about a client?
- Do you wonder if supervision could be a more expansive experience?
- Can another’s perspective deliver insights that you can’t get alone?

Come along and learn about...

- 7 ways to reflect on your work to get the best from supervision
- why ‘stuck’ is actually a good place to be
- how to sharpen your inner supervisor

An effective supervisor is one who helps you to work out where to look, but doesn’t tell you what to see

This interactive and practical workshop is presented by Fiona Griffith, Clinical Counsellor and PACFA accredited Supervisor. It is for professionals who attend supervision or are supervisors who also undertake supervision. It will be useful for anyone in the helping professions.

To REGISTER interest email: counselling@fgriffith.id.au or phone 0414 985 934